



# Children All Technique Requirements Through Black Belt by Rank

Belt	Kicks	Blocks	Strikes	Stances	Kicking Combinations	Concepts	Other
White	Straight/Stretching	Low Block	Body Punch	Attention (Chariot)			
	Groin	High Block	Face Punch	Ready (Joon Be)			
	Front	Inner Forearm Block	Face Poke	Horseshoe			
	Crescent	Outer Forearm Block	Palm Heel Strike	Defensive Stance			
	Axe			Front Stance			
Yellow	Roundhouse						
	Side Kick	Hammer Block		Back Stance			
Orange	Spinning Back Kick	Single Knife Hand Block					
		Double Knife Hand	Inverted Knife Hand	Walking Stance	Round Step Round	"Reverse" Combination	
Adv. Orange	Inside Crescent	Double Forearm	Knife Hand Strike		Round Step Axe		
	Inside Axe	Double Low Block	Tiger Punch		Round Spin Round		
Green			Hammer Fist Strike		Round Spin Back		
	Rear Leg Hook Kick	Choke Block	Ridge Hand Strike		Round Jump Spin Round		
Adv. Green		Swallow Tail Block	Back Fist to Nose		Round Spin Inside Axe		
	Push Kick		Body Thrust				
Blue	Jump Kicks (Axe, Front, Round)		Back Fist to Head				
	Spinning Hook Kick		Elbows (Up, Down)				
Adv. Blue	Flying Side Kick		Elbows (Reverse, Round)				
	Skip Kicks	Guarding Block	Downward Hammer Fist	X Stance	Round Spin Hook	Cutting the Angle	
Purple		Low X Block					
	Lead Leg Kicks	High X Block	Hook Punch	Relaxed Stance	Double Round House		Forward Roll Backward Break Fall
Adv. Purple		Scoop Block	Up-Set Punch				
		Palm Block	Double Up-Set Punch				
Red		Push Block	Groin Spear	Cat Stance			
		Hooking Block					
Adv. Red		Double Low Knife Hand					
		Open Hand Double Forearm					
Brown		Scissor Block					
		Stick Block		Fixed Stance	Low High Roundhouse		Backward Roll Forward Break Fall
Adv. Brown		Ridge Hand Block					
		Lifting Block		Reverse Front Stance			
Adv. Brown		Press Block					
		Mountain Block					
Adv. Brown		Double High Knife Hand Block	Vertical Punch				
		Half Mountain Block	Chestnut Punch				
Adv. Brown			Side Elbow				
		Double Lifting Block	Bear Claw				
Adv. Brown		Double Inner Forearm	Chicken Beak				
			Backward Elbow				
Adv. Brown			Two-Finger Eye Poke				